



New Trier Health Services - Class of 2029

Every 9th grade student must present a [Certificate of Child Health Examination](#) (school physical) before starting any academic or athletic activity at New Trier Township High School.

Guidelines for the school physical (The IHSA/Sports form will not be accepted):

- 1- Dated on or after August 20, 2024
- 2- Include all required immunizations
- 3- **Parents** thoroughly complete and sign the Health History (top section of the form)
 - ***Include:** 1) allergies, medications, and chronic medical conditions
 - 2) *Emergency action plan* for allergies, asthma, seizures, and diabetes
- 4- Must be submitted **before** any activity at NTHS:
 - * **Summer School and Sports: before May 1st, 2025**
 - * **Regular School year: before July 25th, 2025**
 - * **Fall Athletics Try-outs: before July 25th, 2025**
- 5- October 15th, 2025 is **EXCLUSION DAY** for students not in compliance

Health forms are available at: <https://www.newtrier.k12.il.us/studenthealth>

Certificate of Child Health Examination: The Illinois State Board of Education (ISBE) requires this form for all students entering 9th grade. It is a required exam to be completed by physician and parents. Please note any health conditions, disabilities and medications taken on a regular basis

School Dental Examination Form: This form must be on file by May 15th, 2026. All students in 9th grade are required to have a dental exam on file. School dental examinations must have been completed within 18 months prior to the May 15 deadline. A dental form dated after November 15th, 2024 fulfills ISBE requirements.

New Trier Medication Authorization Form: Any medications administered or carried at school require both **medical provider and parent** signatures, including over-the-counter medications. Students may carry Epinephrine, Benadryl, insulin, and inhalers with a signed medication authorization form on file. Generic Tylenol, Advil, and Benadryl are stocked in Health Services and can be administered with this written consent.

Please visit <https://www.newtrier.k12.il.us/studenthealth> for up-to-date information about submitting health forms

Submitting Health Forms - Freshman

- **PowerSchool Parents Portal** => Upload Physical Form
- **Email:** NorthfieldHealth@nthsh.net
- **Fax:** 847-784-3113
- **Postal Mail**
 - Northfield Health Services
 - 7 Happ Rd., Office D105, Northfield, IL 60093